

## 学力検査（英語）

A: 次の各文の \_\_\_\_\_ に入れるのに、最も適当なものを①～⑤から選び、番号で答えなさい。

1. How \_\_\_\_\_ do you speak English?  
① good            ② better            ③ well            ④ many            ⑤ much
2. I \_\_\_\_\_ finish my homework before class tomorrow.  
① am going       ② am planning     ③ have            ④ must            ⑤ need
3. Japan is well \_\_\_\_\_ for its delicious sushi.  
① grown           ② fed               ③ thought        ④ known           ⑤ adapted
4. Tomoki is \_\_\_\_\_ the bus to come.  
① waiting until   ② waiting for      ③ waiting with   ④ waiting to      ⑤ waiting at
5. I'm hungry. Let's \_\_\_\_\_ some pizza.  
① order            ② orders            ③ ordered        ④ ordering        ⑤ go ordering
6. I'm really looking \_\_\_\_\_ the camping trip this weekend.  
① into             ② onto             ③ after            ④ up to            ⑤ forward to
7. I was really \_\_\_\_\_ during the soccer match last night. I quickly fell asleep.  
① bores            ② bored            ③ boredom       ④ boring           ⑤ boringly
8. \_\_\_\_\_ a friend you're sorry is difficult.  
① Tell             ② Told             ③ Tells           ④ Teller           ⑤ Telling
9. Please don't \_\_\_\_\_ me. After I get some rest, I'll be fine.  
① worry            ② worry with       ③ worry after     ④ worry to        ⑤ worry about
10. Hana ate \_\_\_\_\_ food for lunch. Now she feels sick.  
① a lot            ② a big             ③ a large          ④ too much        ⑤ too many

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B: 次の英文を読んで、各空所に最も適当なものを①～⑤から選び、番号で答えなさい。

Exercise is very (11) \_\_\_\_\_ for our health. It helps our body and our mind. There are many benefits of exercise that everyone can enjoy.

First, exercise makes our body strong. It helps us stay at a healthy weight and keeps our muscles and bones strong. Frequent exercise, like (12) \_\_\_\_\_, running, or playing other sports can prevent some health problems. For (13) \_\_\_\_\_, it can reduce the risk of diseases. It also helps keep our blood pressure low.

Second, exercise is good for our mind. It can (14) \_\_\_\_\_ us feel happy and relaxed. When we exercise, our body makes chemicals that improve our mood. This can help reduce stress and anxiety. Exercise can also (15) \_\_\_\_\_ us more energy and help us sleep better at night.

Exercise is also a good way to meet people and make friends. Many sports and activities are (16) \_\_\_\_\_ in groups, like soccer, tennis, or dancing. This can help us improve our social life and (17) \_\_\_\_\_ with others. We can even do (18) \_\_\_\_\_ activities like walking or jogging with a friend.

As you can see, exercise has many benefits for our body and mind. Everyone should try exercise (19) \_\_\_\_\_ to enjoy these benefits.

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|-----------------|--------------|------------|------------|-------------|
| 11. ① important | ② popular    | ③ hot      | ④ famous   | ⑤ exciting  |
| 12. ① chess     | ② card       | ③ tennis   | ④ reading  | ⑤ watching  |
| 13. ① possible  | ② sample     | ③ probable | ④ example  | ⑤ able      |
| 14. ① take      | ② bring      | ③ leave    | ④ remain   | ⑤ make      |
| 15. ① find      | ② give       | ③ play     | ④ show     | ⑤ tell      |
| 16. ① do        | ② does       | ③ doing    | ④ done     | ⑤ been done |
| 17. ① enjoy     | ② have enjoy | ③ fun      | ④ have fun | ⑤ funny     |
| 18. ① difficult | ② impossible | ③ silly    | ④ really   | ⑤ simple    |
| 19. ① usually   | ② regularly  | ③ monthly  | ④ rarely   | ⑤ never     |

20. 英文のタイトルとして適当なものを①～⑤から選び、番号で答えなさい。

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|----------------------|--------------------------|--------------------|
| ① How to Exercise    | ② Importance of Exercise | ③ When to Exercise |
| ④ Danger of Exercise | ⑤ Where to Exercise      |                    |